



U.S. COAST GUARD



Homeland Security

Flag Voice 229 Clarification

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WEIGHT AND PHYSICAL FITNESS STANDARDS

My most recent Flag Voice 229, dealing with the new Weight and Physical Fitness Standards stated in the 3rd paragraph that, "members who are found to be overweight will be required to lose the weight, participate in a mandatory fitness activity a minimum of three days per week, and **pass** a monthly mandatory fitness assessment until the excess weight has been lost". The sentence should have read, "members who are found to be overweight will be required to lose the weight, participate in a mandatory fitness activity a minimum of three days per week, and **participate** in a monthly mandatory fitness assessment until the excess weight has been lost". Once a member meets their maximum allowable weight/body fat standard, their probationary period will end regardless of their most recent monthly fitness assessment score.

Regards,

RADM Kenneth T. Venuto
Ken Venuto

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